



FIRST PARISH BREWSTER  
UNITARIAN UNIVERSALIST

2019 FALL ANGLE

**Themes for this Fall**

**September / Expectation**

*The path of hopeful expectation.*

In what do I trust?

**October / Belonging**

*The path of belonging to something larger than ourselves.*

Does who I am end at the barrier of my skin?

**November / Attention**

*The path of turning our attention to what matters most.*

What is my life trying to say to me?



## TWO SERVICES RETURN TO FPBUU SEPTEMBER 8th @ 9 & 11 AM

### FALL WORSHIP SERVICES

*Please join us on Sunday mornings as we quiet our minds and open our hearts for worship.*

Childcare will be available in Fellowship Hall during the services.

Services held at Brewster Meetinghouse, 1969 Main St., Brewster, MA 02631

**Sunday, September 1, 2019 10am**

***Walking in Another's Shoes: A Sermon on Empathy***

**Guest Minister Rev. Bill Clark**

**Worship Associate Judy Harrison**

To feel empathy it is often said, one must walk a mile in another person's shoes. What is empathy and how can we develop more of it? Reverend Bill Clark returns to our pulpit to explore the feelings of empathy.

Bio: The Reverend Bill Clark did his ministerial internship here at FPB from 1997-1999. He was ordained at FPB in 1999. Rev. Bill has served congregations in Houston, TX., Lexington, MA. and now serves as the part-time minister at the UU Society of Martha's Vineyard. He is thrilled to be returning to First Parish in Brewster.

**Sunday, September 8, 2019 9 & 11am**

***Ingathering Sunday / Gathering of the Waters***

**Rev. Jessica Clay**

**Twinks Hastings, CYM Director**

Join us for this multigenerational service where we will celebrate all that we have, bless each other, and look forward to this future year together. Please bring water for our water ceremony, and children are invited to bring their backpacks for the blessing of the backpacks.

**Sunday, September 15, 2019 9 & 11am**

**Blessed Expectations**

**Worship Leader Rev. Jessica Clay**

**Worship Associate Wilderness Sarchild**

Expectations are a part of our daily lives, and yet self help guides tell us to eschew them. This service invites us to see the spiritual invitation of expectations and how they can bless and teach us.

**Sunday, September 22, 2019 9 & 11am**

***Social Justice: Journeying Toward Wholeness***

**FPBUU Social Justice Committee**

Working for justice increases our awareness of the interrelatedness of all people and the interdependence of all life. As Unitarian Universalists, our spiritual faith/practice and our social justice work are inextricably intertwined. After all, what is social action but ministry to a wounded world? And as the minister and author Frederick Buechner writes, "Our ministries, our place of service, our action in the world will be found where our deep passion and the world's deep hunger meet." Finding such a place requires a spiritual journey which will hopefully help us all to feel more whole. Come hear some of the history of the social justice work of this congregation and how our passion for creating a more just and equitable world can move us forward into the future.

**Sunday, September 29, 2019 9 & 11am**

***A Brand New Day***

**Rev. Jessica Clay**

**Worship Associate Ralph Diamond**

On the eve of Rosh Hashanah we will explore how this high holy day invites into a fresh start. What expectations do we need to let go of to begin again? What is the role of moderation in this? Join us as we live into these questions together.

**Sunday, October 6, 2019 9 & 11am**

***Blessing of the Animals***

**Rev. Jessica Clay**

**Worship Associate Dianne Ashley**

Animals remind us of our interdependence and that we belong to each other. Join us for a blessing of your well behaved furry friends.

**Sunday, October 13, 2019 9 & 11am**

***Into the House of Belonging***

**Worship Leader Margaret Rice Moir**

We all need to feel as though we belong. But do we? And to whom? To what? What calls us to be a part of something bigger than our individual selves?

**Sunday, October 20, 2019 9 & 11am**

***We Belong To Each Other***

**Rev. Jessica Clay**

**Worship Associate Lindsey Straus**

October is Domestic Violence Awareness month.

During this service we will lift our voices, move through ritual, and spend time in silence honoring those who have suffered. We will also honor the resilience of spirit that so many survivors possess.

**Sunday, October 27, 2019 9 & 11am**

***Honoring Our Ancestry***

**Rev. Jessica Clay**

**Twinks Hastings, CYM Director**

We know who we are because of who came before us. Join us for this multigenerational service of naming and reclaiming our ancestors. You are invited to bring a photo of a loved one for our altar.

**Sunday, November 3, 2019 9 & 11am**

***Are You Paying Attention?***

**Rev. Jessica Clay**

**Worship Associate Margaret Rice Moir**

In this service we will explore what we give our attention to, consciously and unconsciously. We will learn how mindfulness can help us to move to a place of non-judgment and spaciousness, and how this can help make room for the holy in our lives.

**Sunday, November 10, 2019 9 & 11am**

***Feeding the Holy***

**Worship Leader Chuck Madansky**

We feed the gardens that feed us— with compost and the nutrients they need, with a variety of seeds. In a way, we are simply a stage in the life cycle of what grows there. Where are we in the life-cycle of the Sacred? What role do we play in the ecology of Spirit? Join Worship Associate Chuck Madansky in exploring how we might feed the Holy with the beauty of our humanity.

**Sunday, November 17, 2019 9 & 11am**

***Words Matter***

**Rev. Jessica Clay**

**Worship Associate Lindsey Straus**

Words are constantly changing, what words we use, what metaphors are inclusive, or not. Join us for this service where we will explore how ableism shows up in our hymns, readings, and sermons, and what we can do about it.

**Sunday, November 24, 2019 9 & 11am**

***Gratitude Calling***

**Rev. Jessica Clay**

**Worship Associate Ralph Diamond**

Life is a gift to be savored. Join us for this service where we will focus our attention on the place gratitude has in our lives, and the gift it can offer us.

***For more upcoming service information please go to [fpbuu.org/worship/upcoming-services](http://fpbuu.org/worship/upcoming-services) or our Weekly Angles.***

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## From the Minister

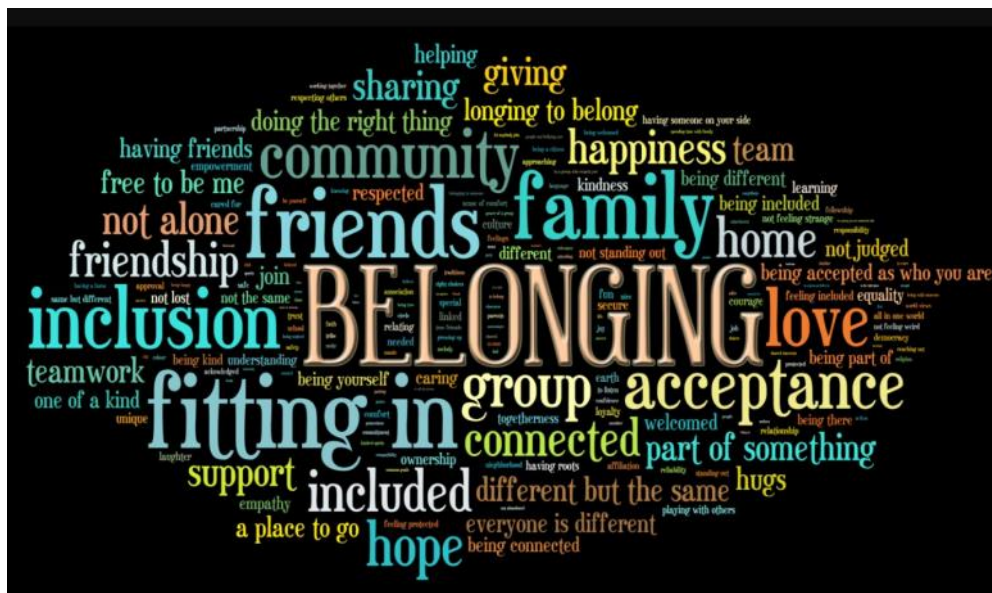


As we embark on our third year together I am mindful of all we have accomplished. And yet the future is wide open with possibilities. Our September theme is Expectation, and it invites us to consider what our hopes and expectations are for this year together, and what we need to let go of to embrace our wider vision. Our October theme is Belonging, I am mindful that when individuals come to this sacred community they seek a sense of belonging, a sense of coming home. Sometimes the expectations we have get in the way of our own belonging, and get in the way of us seeing how we belong to each other. This summer at General Assembly I sang in the ministers' choir. Whenever I do this I feel a strong sense of belonging, of being with "my people". We sang a song by Shoshana Jedwab with lyrics that go "Where you go I will go beloved, where you go I will go. Cause your people are my people, your people are mine." It was a haunting song in the midst of a national rhetoric of telling people they don't belong. We will be singing this song at our Ingathering Sunday service as we gather our waters together, celebrate all that we have, and all that the world is asking of us now.

With 58 of you saying yes to the journey of the anti-racist curriculum *Beloved Conversations* this September, this is something to celebrate. I am so excited to see what will come of this large group of people saying yes to having difficult conversations, learning, and working to dismantle white supremacy together.

Our November theme is Attention, and your invitation is to notice what you are paying attention to. What are you feeding in your life? Is it bringing you freedom and liberation? I look forward to seeing what will unfold in this community this fall with so many things on the horizon. Lastly, if you are hungry for spiritual nourishment, be sure to sign up for the Geography of Grace retreat October 25<sup>th</sup> & 26<sup>th</sup>. Led by Revs Shay Mackay & Diana McLean, this weekend retreat at FPBUU will provide opportunities for you to connect with your purpose, your being, and grace.

Rev. Jessica Clay





## Geography of Grace - October 25th & 26th

Let us remember within us the ancient clay  
of the Earth, holding the memory of seasons,  
the passion of wind,  
the fluency of water,  
the warmth of fire,  
the quiver-touch of the sun  
and the shadowed sureness of the moon.

~ John O'Donohue



At the end of October, Rev. Shay MacKay and Rev. Diana McLean will be offering a two day journey through the geography of the soul, using themes from nature as metaphors that speak of the inner life. Shay and Diana warmly invite you to join them on this journey.

Based on the pioneering work of Dr. Parker Palmer and a process called the circle of trust, which is designed to create a safe and sacred space, the program uses poetry, story, music, and art to discover a valuable map of the terrain of our inner selves. There will be time for group discussion, silent journaling and meditation, and arts/crafts projects.

Learn how to listen deeply to one another (and ourselves!) and how to create spaces that are safe for honest sharing and self-discovery; witness, together, what happens when we begin to remember that within us dwells the ancient clay of the Earth.

The retreat will be held the evening of Friday, October 25<sup>th</sup> and all day on Saturday, October 26<sup>th</sup>. There is no homework and no prep-work for this journey - all you are required to do is show up with curiosity and compassion.

If you have any questions, please email Rev. Shay at [revshaymackay@gmail.com](mailto:revshaymackay@gmail.com).

Please RSVP to [revjessica@firstparishbrewster.org](mailto:revjessica@firstparishbrewster.org) by September 30<sup>th</sup> if you would like to register. Space is limited to 24 people, so register early!

Bios: Rev. Shay MacKay and Rev. Diana McLean are a clergy couple, both ordained UU ministers and both serving congregations in Northern New England. Shay grew up in the rolling hills and golden prairies of the Midwest, is a composer and musician, and graduated from Starr King School for the Ministry in Berkeley, CA. Diana traveled the world with her military family, is a published writer (with an MFA in creative writing from Naropa University) and a social justice ninja, and is a proud mother of a sixteen-year-old son – Aidan. She graduated from Iliff School of Theology in Denver, CO. Both Shay and Diana have been trained by The Center for Courage and Renewal in the Geography of Grace curriculum and have two years of experience facilitating these workshops.

## Ways to Get Involved at FPBUU

### WOMEN'S CIRCLE ALLIANCE 2019 FALL PROGRAMS

The Woman's Circle Alliance at First Parish Brewster is looking forward to a series of interesting programs at their Wednesday afternoon meetings intended to fulfill the group's purpose of "offering forum discussions on timely topics, fellowship, and service to others." Everyone is welcome at our monthly events, September through May. Membership is encouraged but is not necessary to attend meetings.

Here are the first three programs:

#### Wednesday, September 11

The first of WCA's monthly meetings for 2019-2020 begins at 12 noon with the traditional picnic at Nancy Berbrick's home in Brewster overlooking Upper Mill Pond. This is a great opportunity to reconnect with old friends, to meet and welcome newcomers, and to learn about forthcoming plans as new program booklets are distributed.

#### Wednesday, October 9

You are invited to cruise the Adriatic with a group of FPB travelers as they recall their adventures last December in Croatia, Montenegro, Bosnia and Herzegovina. Through the presentation of breathtaking pictures and intriguing stories, they will share the majestic beauty and turbulent history of this unique Eastern European area. (Contact: Julia Enroth)

#### Wednesday, November 13

Laura Balboni, a classically trained violist, as well as an established artist on Cape Cod, will present a program with the intriguing title "Paint a Symphony, Play a Painting." While music is playing, the artist will paint a picture and describe how music and art come together for her—and perhaps for you as well. (Contact: Diane Scheffler)



### Covenant Groups ...a program of Small Group Ministry

Learn how Covenant Groups create a loving space, where members open their hearts to one another through *deep listening*.

**Covenant Groups meet October through May** and will be using monthly themes from the UU organization, *Soul Matters*, a themed-based program, providing thematic resources for many aspects of church life. Each monthly theme gives us an opportunity to look at how it pertains to our personal and spiritual lives.

**Look for our registration table in the Parish Room after Sunday services in September.**

**Sign up early... space is limited & groups fill up fast! Watch your Weekly Angle for more details.**



For more information contact: Maureen Osborne [docosbo@gmail.com](mailto:docosbo@gmail.com)

## From the Board President

Yogi Berra once said,

*"You got to be careful if you don't know where you're going, because you might not get there."*

Our journey in life is full of changes, some painful, some joyful, some predictable, some unpredictable. As I become older and I would like to think, wiser, I began to understand that life is mostly about change and change can be unsettling to say the least. And it dawned on me that, yes, as Yogi said, I got to be careful. Was life just a long changing, meaningless journey? Like as Peggy Lee song in 1969:

*"Is that all there is, 'is that all there is?'*

*If that's all there is my friends, then let's keep dancing."*

I was missing something important. Dancing wasn't cutting it anymore. Then in the year 2000, I was traveling in South Korea and by chance (maybe) a Buddhist monk befriended me while traveling on a train and changed my life. That missing something was my spirituality. The UU 7 Principles began to make sense now. I discovered that Buddhist teaching shares a common understanding with these Principles, especially the 4th Principle: A free and responsible search for truth and meaning.

Now my journey has meaning and purpose. The wisdom of seeing my spiritual path unfolding before me, is my greatest pleasure. Each of us must travel our own spiritual path that gives us that pleasure - an Eastern saying may express this best, *"Not everyone will understand your journey, That's fine. It's not their journey to make sense of. It's yours"*.

I have learned to embrace change. My search for "truth" may best be summed up in what Jack Kornfield, a Buddhist monk said in his book "The Wise Heart", *"Love says 'I am everything.' Wisdom says 'I am nothing'. Between these two my life flows."*

Jim Hild, Board of Trustees President

### Board of Trustees 2019-2020

Top Row left to right:

**Susan Smith** (Clerk)

**Pat Stover** (Past President)

**Liz Gordon**

**Frank Re**

**Jim Hild** (President)

Bottom Row left to right:

**Marian Brunck**

**Diane Pansire** (Treasurer)

**Carol DiAnna** (President-Elect)

**Katherine Farnham**





## Children and Youth Ministries - Belonging

My hope is always that anyone who walks through our door can find a place to belong. I especially wish this for our children, youth and families. In today's world, with social media and on-line platforms, the ways in which our children and youth can feel like they don't belong are plentiful, and for parents, and caregivers it can feel just as hard to find connection and belonging whilst juggling full schedules, work and parenting.

This year we are making sure every age feels like they belong at FPB. New this year will be a *Chalice Children Program* for our 4 and 5 year old's. *Chalice Children* helps foster an understanding of Unitarian Universalism and promotes relationship building, kindness and fun! Our 1-5<sup>th</sup> grades will be taking a journey through time and space as we explore our 7 Principles, really bringing the principles alive with immersive activities, field trips and special guests. For our 6<sup>th</sup>-8<sup>th</sup> grades we are running *Coming of Age*, a program that helps youth make the transition from childhood to youth. Each participant is paired with a mentor and the program is rich, deep and extremely fun! On top of that we have our *High School Youth Program* on Sunday evenings; a small group ministry for youth, where they get to be their whole authentic selves whilst having fun and working for justice.

I encourage you all to think about how you might belong to the CYM program. There are many ways to volunteer and mentor these amazing children and youth as you can see from these pictures of our Extraordinary Summer Program that we launched this year.

Twinks Hastings, Children and Youth Ministries Director





**Registration is open for all CYM 2019-2020 programs.**  
**Please visit the Children & Youth Ministries page at [fbuu.org](http://fbuu.org)**

**Nursery:** Led by our incredible childcare provider Claudia, children 0-3 years spend the morning playing in community, being nurtured and loved as they learn to find home at FPB

**Chalice Children:** New this year children 4-6 years will be participating in the Chalice Children Curriculum. Chalice Children delves deep into our Unitarian Universalist faith. It strives not just to teach about our faith, but also to provide experiences around the strength of community, the wonder and awe that transcend everyday understanding, and life issues we all share.

**Time Travelers:** For our 7-11 year olds we are going to be participating in a curriculum that takes us into the past, present and future as we explore the 7 Principles of Unitarian Universalism. This curriculum is a fun and interactive year bringing our faith to life. Field Trips, Speakers, Arts, Adventure and Fun are all guaranteed.

**Coming of Age:** For our middle school youth, we are running Coming of Age. Youth are paired with an adult mentor and tasked to investigate their personal spirituality with the support of their mentors. Youth participants in the program are encouraged to develop a greater sense of what they believe. They do this through discussion, listening to guest speakers, and participating in retreats and workshops. Workshops may be designed to prompt the youth, challenge their modes of thinking, or aid them in furthering their ideas. Overnights, team building trips, and writing a credo are all part of this life changing program.

**High School Youth Group:** Our High School Youth group provides a safe and sacred space for our youth to grow into their faith. The youth own the program and create what the year looks like together. Team building, discussion, laughter, snacks, ritual, service, and active listening to each other all form part of the youth group year.



*Last Year's Magic Makers!*

## From The Office

**Expectation - Belonging - Attention:** When I was introduced many years ago to the phrase “low expectations, high serenity”, it became one of my go-to mantras for all those situations that I wanted to go a certain way but had no control over. I discovered how my own expectations were getting in the way of being at peace with the life that was calling me. A life of belonging was trying to get my attention, and the more I let go of what I wanted life to be, the more it became what I needed. I see First Parish Brewster UU as a place of belonging for so many. What life has in store for each of us is often unexpected, but I believe that if we are willing to pay attention with a curious spirit, we are blessed in ways we could have never imagined. Maybe it’s a friend reaching out in support during a rough time or a team of gardeners that answer the call to rescue some plants in the heat of the summer. To be of use is a type of belonging that I see often at First Parish Brewster UU whether in the office, in leadership or in offering one’s own unique skillset to this community.

Karena Stroh, Administration and Finance Director



## From the Treasurer

The Soul Matters themes for worship over the next three months are ‘Expectation’, ‘Belonging’, and ‘Attention’. Those themes line up nicely with some happenings in the finance and budget process at First Parish Brewster.

**Expectation:** Without knowing exactly how we would do it, we expected to solve a big problem, and we did it, together! At one point in our previous fiscal year, we thought we could be as much as \$30,000 in the red, yipes! But through a series of cost-cutting moves and generous gifts from many of you, we closed out our books with over \$3,000 in the black. The Board voted to pay the remaining balance of our UUA Annual Program Fund dues for FY19.

**Belonging:** After many years of devotion, wise counsel, and service as Treasurer and Member of the Finance Committee, Dave Winther has resigned. With great gratitude for all he has done for the financial health of FPB, we say a loving farewell. We will be seeking a Board appointment for the Finance Committee. If you are a new member of FPB, if you are curious and committed to learning, or if you have past experience in financial matters, you are welcome!

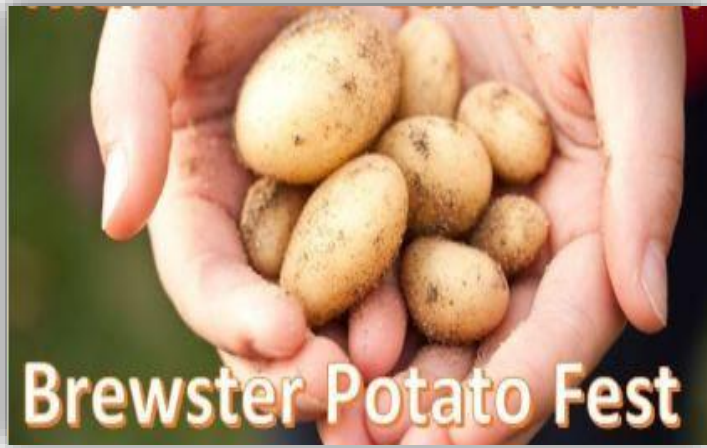
**Attention:** Some of the things the Finance Committee will focus their attention on when we begin meeting again in September will be: establishing a 3 to 5-year budget, financial policies, financial controls, succession planning, and using the balance sheet.

If you are interested in becoming a FinCom member or have other ideas of things we should pay attention to, please contact a member of the Finance Committee: Diane Pansire, Stan Selkow, Rog Smith, Karen Witting.

Diane Pansire, Treasurer



## SAVE THE DATE - Events at FPBUU



**Saturday, October 12th,  
10 am - 2 pm**

*Rain Date: Sunday, October 13th 12 - 4 pm*

Free Admission

Winslow House Grounds

The **Brewster Potato Fest** grew as an experimental step in the evolution of our Fall fundraiser, and out of the deep and abiding love some of us have for potatoes— so humble, comforting and healing, with eyes that turn away from nothing, a deep connection to the earth and a receptive deliciousness that can be served, and serve, in a variety of ways. Not only will there be potato-related foods to eat (including a potato bar and potato ice-cream), but contests (Best Recipe, Biggest Potato, Fastest Potato Peeler, etc) activities (Potato Sack Race, Potato Printing, Potato Sculpture, etc) as well as music, crafts, a Silent Auction, raffle and a Blessing of the Potatoes!! If this sounds like something you would love to be involved with, please contact Chuck Madansky at 508-896-9489 or via email at [gooutside@capecod.net](mailto:gooutside@capecod.net) and he will match your unique talents and enthusiasm with one of the many activities at the upcoming Brewster Potato Fest.

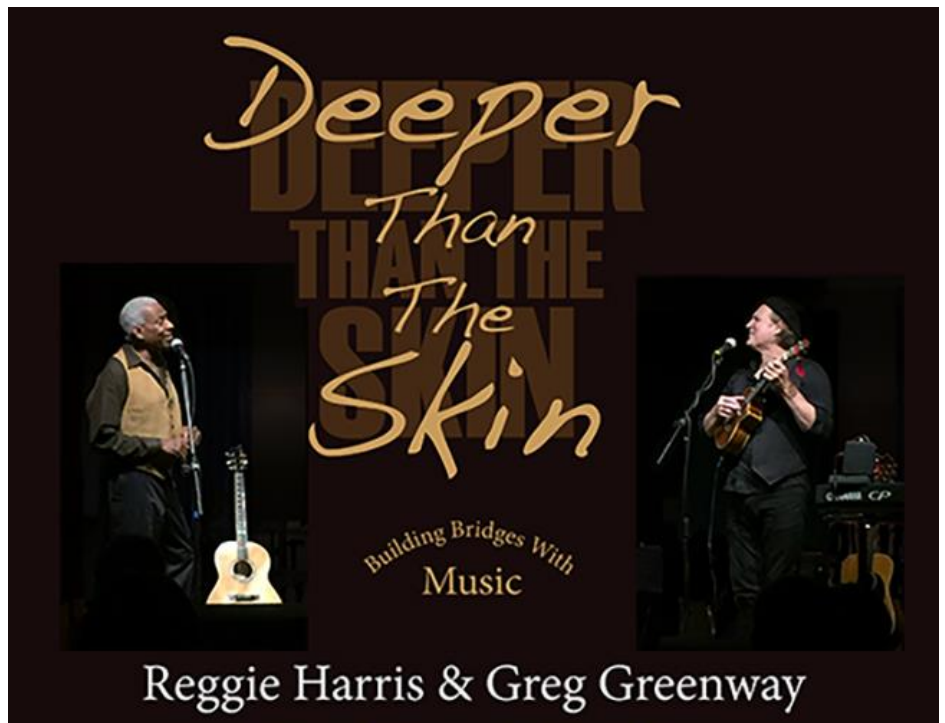
### ***Deeper Than The Skin***

November 1st, 7 pm

Singer, song writers Reggie Harris and Greg Greenway have a unique story. Born 3 days apart, one man black the other white, their ancestry flowed through the same portal of history, Richmond Va. The racial divisions that are the reality of the American story started them off in two different worlds, but music and a shared vision brought them together. Both a wonderful and moving concert and a fitting end to our *Beloved Conversations* on race and white supremacy.

Donation \$20

First Parish Brewster  
Meetinghouse



***For more information on all that is happening at First Parish Brewster UU  
go to the News and Calendar section at [fpbuu.org](http://fpbuu.org)***

## Unitarian Universalist Service Committee and First Parish Brewster



Due to your generous and faithful buying of coffee, tea, chocolate and nuts on Sunday each week, we are sending a check, our profits, for over \$1,300 to UUSC for their initiatives in this country and around the world. FPB is once again one of the top 5% of buyers of these products from Equal Exchange. This company supports small farmers and also donates a portion of their profits to the UUSC. Also, much thanks to our team of volunteers for their contribution: **Joan Kapp, Dianne Ashley, Sue Bowser, Jane Higgins, Rosanne Shapiro, Dwight Woodson, Sandra Woodson, Mary Wallace and Marilyn McDermott**

The Unitarian Universalist Service Committee seeks to serve groups of people who are not helped by mainstream human rights organizations. Their aid is for women, people of color, refugees, religious minorities, LGBTQ individuals in Africa and many other countries as well as here in the US.

UUSC works daily to advance economic and environmental justice, while promoting and protecting human rights for those who are in greatest need. They work at the grassroots level with local organizations to ensure success and resilience. They work in partnership with local people and the organizations already available. This style enables continued success.

In 2012 the UUSC collaborated with the UUA to create the Unitarian Universalist College of Social Justice. The UUCSJ offers immersion learning journeys, justice training programs, summer internships, congregational and study resources, as well as volunteer opportunities with partner organizations in the U.S. and abroad. These exciting programs will further the great work of justice.

**Do you love people and helping them find great deals?**

Consider joining the Thrift Store & Annex Team. This is a great opportunity to meet people and support the work of the church. The Thrift Store and Annex income makes up 17% of our annual budget while also being a ministry that provides low cost items to the larger Cape community.

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## From the Endowment Board

The Endowment Board wishes to acknowledge a generous bequest to the First Parish Brewster Endowment Fund from the estate of Mary Jane (MJ) McDonald.

MJ was dedicated at First Parish Brewster when she was about two years old! Although raised as a Congregationalist, she married a Unitarian Universalist. When they moved back to the Cape, she chose to attend FPB and became a member in the spring of 1988. "It was the place for me."

MJ has been a strong supporter of the Endowment Fund over the years. In 2015 we received another gift from the Mary Jane McDonald Family Fund. She is quoted in our Endowment Brochure as follows: "I want to see our church survive and thrive. And the Endowment Fund is one of the best ways to make that happen." We are grateful for her generosity. A memorial service was held for MJ at First Parish in February.

It is gifts such as MJ's bequest that have enabled the Endowment Fund to grow over the years. The Endowment Fund now totals \$593,657.00 and we are steadily repaying our Endowment Loan. This year the Board of Trustees, the Endowment Board and the congregation voted to use up to \$20,000 of the available FY 20 distribution to pay down the balance of the loan, which is currently \$191,073.00

Since the establishment of the Endowment Board in 2002, the Fund has made contributions totaling \$203,136.00 in support of First Parish.

Susan Flaws, Endowment Board Chair



*We drink from the well that was dug for us by our spiritual ancestors.  
Let us replenish the well for those who follow.*



## In Harmony

I operate thematically. I program concerts and services thematically. I like to write about culture and literature, centering on a theme. My choral library (ies) are partially organized by theme - separating holidays from general use. My shirts are grouped in my closet by color. I like organization. Does this mean my office (especially the one at home) is tidy? Sadly, no, though it is a goal.

In planning worship, I love it that we have a theme from Soul Matters each month. The AUUMM, Association of UU Music Ministries has formed a group to share music ideas connected to Soul Matters themes. I am very excited about that resource. Of our three themes for September, October, and November, I am at the stage of expectation, September's theme; I would say I am expectant - filled with excitement, "back to school" jitters, and optimism. I have high expectations for this next musical year at FPBUU. As someone who lives her life on an academic calendar, August is the Sunday night of the workweek. As I write this, I still have some time off, but I soon must sharpen my pencils, tidy my office, order music, and pack my backpack.

Danica A. Buckley, Music Director



### Sunday Morning Worship Support

... "Our time to worship together"

Our Sunday Morning Worship is blessed each week by our volunteer team of ushers, sign-up desk persons, and hospitality and flower providers. The care, attention and detail given to these tasks helps make FPBUU a place of welcome and belonging for all.

This is a great way for members to get to know one another and to join in the spirit of Sunday Morning. We welcome your participation. If you are able to volunteer, please contact Tavia Ossola.

Tavia Ossola,  
Sunday Morning Support Team Coordinator



## Community Ministry - Beneath the Surface

I settled on a decision this spring, a decision to do something for myself in part. It would challenge me, expose me to a new circle and ultimately build my confidence. It would be a milestone and it would be fun. Maybe you know by now that I am riding in “The Gasp” this fall! It is a fifty-five-mile bike ride from Bourne to Provincetown. I am riding with “Team WE CAN” and have been training all summer. It will raise money for this amazing organization where I serve as your community minister, but there is more to it than that.

As I thought about describing this decision to you, I realized that I am doing the same thing that so many of our program participants are doing. In particular, the PathMakers in our two mentoring programs make similar choices when they sign on for ten months of support from a mentoring partner and a circle of women. It means a challenge, a new community, increased confidence, reaching milestones and good times along the way. We begin, both them and I, with high expectations; encounter an increased sense of belonging and as we attend to this new part of our self, we experience more fully our worth.

Blessed be.

Rev. Tracy Johnson, Community Affiliate Minister



### Helping Hands Committee

The Helping Hands Committee has been providing members with “hands-on” services for many years.

Committee members provide rides to appointments; soup for “comfort cures”; cookies for holiday joy and visits for those who cannot venture out. These services provide a sense of belonging to both the member receiving them as well as the member delivering them. The attention given in each event demonstrates our commitment to each other as we affirm, *and service is our prayer.*

The Helping Hands Committee is attempting to expand our list of committee participants. We need soup makers, drivers and those folks willing and able to visit others. If you are interested in helping, please call Tavia Ossola or the church office.

Church Office (508) 896-5577 1 Harwich Rd., Brewster, MA, 02631

**Staff Directory**

**Minister:** Rev. Jessica Clay, (Ext. 308) revjessica@firstparishbrewster.org

**Administration and Finance Director:** Karena Stroh (Ext. 304) karenastroh@firstparishbrewster.org

**Bookkeeper:** Ted Jalowick (Ext. 305) tedjalowick@firstparishbrewster.org

**Children & Youth Ministries:** Twinks Hastings, CYM Director (Ext. 303) twinkshastings@firstparishbrewster.org

**Music:** Danica Buckley, Music Director (Ext. 307) danicabuckley@firstparishbrewster.org

Ana Glig, Pianist annapiano@ymail.com

Rich Elliott-Grunes, OMG leader (Organic Music Group) eliottrunes@gmail.com

**Sexton & Videographer:** Jennie Mignone (508) 776-6844 jenniemignone@firstparishbrewster.org

**Thrift Store Manager:** Linda Delorey (508) 896-8744 lindadelorey@firstparishbrewster.org

**Affiliate Community Minister:** Rev. Tracy Johnson, WE CAN Program Manager, arevtracy@gmail.com

**Website/ Social Media**

fpbuu.org

Facebook.com/fpbuu

**Deadline Reminder**

*FPBUU Quarterly Angle*

**Winter Issue (December-February)**

**Submissions Due - November 1st**

**cove@firstparishbrewster.org**

*FPBUU Weekly Angle*

**Due Wednesday by 12 noon**

**weekly@firstparishbrewster.org**

*Submissions for a Facebook Page*

**karenastroh@firstparishbrewster.org**

*Updates for the FPBUU website*

**karenastroh@firstparishbrewster.org**

**Need help requesting a room for an event or meeting? Need to request a sexton? Need an answer to a question about how to use our online member directory?**

**The FPB Communications Office Volunteer Etc. or COVE** Volunteers are here to support the administrative work of the church. Call or stop by and let us know how we can help!

The office is open  
Monday – Friday  
9 am - 12 pm.

**cove@firstparishbrewster.org**  
**508-896-5577**

